



**NATATION
ARTISTIQUE
QUEBEC** 

2021 SYNC

Meet Package # 2



In partnership with:

ALBERTA 
**ARTISTIC
SWIMMING**

ONTARIO 
**ARTISTIC
SWIMMING**

July 22 and 26, 2021 (Virtual)
July 24-25, 2021
Parc Jean-Drapeau
Montreal (Québec), CANADA

1. EVENT INFORMATION

GENERAL INFORMATION			
Dates and Location	July 22-26, 2021 Parc Jean-Drapeau Complexe aquatique, 130 Chemin du Tour de l'isle, Montréal, QC H3C 4W7		
Hosted by	Natation Artistique Québec in partnership with Alberta Artistic Swimming and Ontario Artistic Swimming		
Meet Managers & Emails	Registration & Regulation – jdaudelin@natationartistiquequebec.ca		
Events	11-12	13-15	Junior
	Figures : Barracuda (301) Walkover Back (420)	Figures: Ariana (423) Rio (143)	Solo Tech (2 :00) Duet Tech (2 :20) Mixed DuetTech (2 :20) Team Tech (2 :50)
	Land Routine -Solo ***Land routine is available on Web site		
	Solo (1 :45) Duet (2 :15) Mixed Duet (2 :15) Team (2 :45)	Solo (2 :25) Duet (2:45) Mixed Duet (2 :45) Team (3 :30)	Solo Free (2 :30) Duet Free (3 :00) Mixed Duet (3 :00) Team Free (4 :00)
Rules	<p>This competition will be conducted under NAC Rules:</p> <ul style="list-style-type: none"> Junior National stream rules (Provincial Stream athletes may participate) 13-15 National stream rules (Provincial Stream athletes may participate) 11-12 Provincial stream rules <p><u>Notes:</u> There will be no preliminary events. Routine duration: There will be no minimum duration required.</p>		

2. REGISTRATION

REGISTRATION FEES																							
Entries deadline:	Monday, June 28, 2021 at 4:00 PM EDT																						
Entries information	All registration and entries will have to be filled out via Canada Artistic Swimming's Online Registration System.																						
Entries fees and specifications	<table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="text-align: left;">Events</th> <th style="text-align: left;">Fees</th> </tr> </thead> <tbody> <tr> <td>Figures</td> <td>\$45</td> </tr> <tr> <td>Solo – Technical Program</td> <td>\$45</td> </tr> <tr> <td>Solo – Free Program</td> <td>\$45</td> </tr> <tr> <td>Duet – Technical Program</td> <td>\$95</td> </tr> <tr> <td>Duet – Free Program</td> <td>\$95</td> </tr> <tr> <td>Mixed Duet– Technical Program</td> <td>\$95</td> </tr> <tr> <td>Mixed Duet– Free Program</td> <td>\$95</td> </tr> <tr> <td>Team – Technical Program</td> <td>\$175</td> </tr> <tr> <td>Team – Free Program</td> <td>\$175</td> </tr> <tr> <td>Athletes Fees</td> <td>\$40</td> </tr> </tbody> </table> <p>Please note that maximum entries will be accepted up to 20 in solo and duet as follows: maximum of 1 solo and 1 duet per team, clubs with no team may have up to 2 solos and 2 duets per age group.</p>	Events	Fees	Figures	\$45	Solo – Technical Program	\$45	Solo – Free Program	\$45	Duet – Technical Program	\$95	Duet – Free Program	\$95	Mixed Duet– Technical Program	\$95	Mixed Duet– Free Program	\$95	Team – Technical Program	\$175	Team – Free Program	\$175	Athletes Fees	\$40
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Late Entries	<p>According to NAC to CAS Rule 5.1.5(b), 5.1.5(b): Each routine whose entry package has not been received or is incomplete by the stated deadline is automatically assessed a \$25.00 fine. This fine must be paid to the Chief Referee or designate at the coaches meeting prior to the competition, or the routines concerned will be disqualified from the competition.</p> <p>The final deadline for late entries is two weeks prior to the start date of the Competition, i.e., July 8, 2021, 11h59PM EDT. No entries will be accepted after this date.</p>																						

3. PRELIMINARY COMPETITION SCHEDULE

	Thursday July 22	Friday July 23	Saturday July 24	Sunday July 25	Monday July 26
	Virtual	Parc Jean-Drapeau	Parc Jean-Drapeau	Parc Jean-Drapeau	Virtual
AM PM		Travel day Practice with musique	Technical routines Solo Duet/Mixed Duet Team	Fee Routines Solo Duet/Mixed Duet Team	
	Land routine 11-12 /13-15 Junior				Figures 11-12 / 13-15

4. ACCOMMODATION

HOTEL RESERVATION									
Hotel	SANDMAN HOTEL MONTREAL-LONGUEUIL 999, rue de Sérigny Longueuil QC J4K 2T1								
Booking	<p>Athletes and clubs are responsible for booking their rooms. A block of rooms has been reserved for the event.</p> <p>A room block was booked for the teams on July 23 and 24, 2021 at a rate of \$ 114 plus taxes per room per night in single to quadruple occupancy. Note that the same rate will be granted to participants if they want to arrive before July 23 or leave after July 24, 2021.</p> <p>To take advantage of this rate, room reservations must be made as follows:</p> <table style="width: 100%; border: none;"> <tr> <td style="width: 40%;">By phone at</td> <td>1-800-493-7303</td> </tr> <tr> <td>Name of the groupe</td> <td>Natation Artistique Québec</td> </tr> <tr> <td>Reservation code</td> <td>#713501</td> </tr> <tr> <td>Warranty</td> <td>A credit card number will be required to guarantee the rooms when booking.</td> </tr> </table> <p>Please note that the rate as well as the room block are guaranteed until 09 July 2021, after this date, unserved rooms will be released and booking requests will be accepted according to the availability of the hotel at the same rate.</p>	By phone at	1-800-493-7303	Name of the groupe	Natation Artistique Québec	Reservation code	#713501	Warranty	A credit card number will be required to guarantee the rooms when booking.
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5. MEALS INFORMATION

GENERAL INFORMATION
Due to the current context, all meals will be the responsibility of the clubs.