



2024 Development Camp 11-12

Equipment list

- FOAM ROLLER
- TUBING
- SKIP ROPE
- YOGA MATS
- SPORT SHIRT OR CAMISOLE
- SPORT SHORTS OR PANTS
- RUNNING SHOES
- SANDALS
- SPORTS BRA
- PARKA / HOODIE (if required)
- SHOES
- BATHING CAP
- GOOGLE
- NOSE CLIP
- TOWELS
- LOCK
- WATER BOTTLE
- SNACK